



# Rock A Belly

## BAR & DELI



718 N. Manhattan Ave. • Aggieville  
785.539.8033  
[www.rockabellydeli.com](http://www.rockabellydeli.com)

Open Monday—Saturday 10 a.m.—2 a.m.  
Food served 10 a.m.—10 p.m.

**OUR FOOD IS SO GOOD,  
WE EAT IT OURSELVES!**



## BELLY WARMERS

**SOUPS**..... Cup \$4.75/Bowl \$7.00  
Check the board daily!

**CHILI** (Seasonal) ..... Cup \$4.75/Bowl \$7.00  
Substitute soup or chili for chips with your sandwich and save 50¢ off the price of soup.

## TASTY TID-BITS

**CHILE CON QUESO**..... Lg \$8.25/Sm \$4.75  
Melted cheese dip with green chile bits and tomato served with tortilla chips for dipping.

**HUMMUS**..... Lg \$8.75/Sm \$4.75  
A white bean dip with chick peas, lemon, garlic & tahini served with warm flat bread.

**HARD-BAKED PRETZELS & MUSTARD**....\$3.99  
(Large size serves three or more)

**SPINACH & ARTICHOKE DIP**.....\$7.75  
Served with tortilla chips.

**ULTIMATE CHILI CHEESE DIP** (Seasonal)... \$8.25  
RAB chili and chile con queso served with tortilla chips.

## SALADS

**DINNER SALAD**.....\$8.75  
Sliced ham or turkey, cheese, tomato and green peppers with your choice of dressing: Ranch, Honey French, Thousand Island, Lite Italian, Honey Dijon or Fat-Free Ranch.

**SIDE SALAD** (No meat)..... \$3.50

**SPINACH SALAD**.....\$8.00  
Fresh greens topped with red onions, carrots, walnuts, bleu cheese and red wine vinaigrette.

**SIDE SALAD**..... \$4.00

# SANDWICHES

## BREADS

Steak Bun  
Rye Bread  
Sourdough Hoagie  
Dark Wheat Hoagie  
Onion Roll  
Wheatberry  
Plain Bagel  
Everything Bagel

## DRESSINGS

Mayo	Mustard
Deli Mustard	Ketchup
Italian	BBQ Sauce
Mushrooms	Carrots
Onions	Banana Peppers
Green Peppers	Spinach
Jalapeños	Sweet Hot Mustard
Black Olives	Creamy Horseradish
	Cucumbers

## SIDES

Potato Chips:  
• Regular  
Pretzels  
Tortilla Chips  
Naan Bread

**(Additional \$0.75)**  
Potato Chips:  
• BBQ  
• Salt & Vinegar  
• Jalapeño  
• White Cheddar  
American Potato Salad  
German Potato Salad

### BELLY BUSTER.....\$8.25

Sliced ham and turkey, layered with Swiss and American cheeses, topped with lettuce and tomato.

### WESTERN.....\$8.25

Thin-sliced roast beef, ham and cheddar cheese, lettuce and tomato.

### SPICY.....\$8.75

Genoa salami and sliced pepperoni topped with provolone cheese, lettuce and tomato.

### VEGGIE.....\$8.75

Three kinds of cheese (Swiss, American and provolone), layered with fresh mushrooms, green peppers, onions, lettuce and tomato with Italian dressing.

### PASTRAMI.....\$9.50

Specially seasoned, lean peppered beef, topped with provolone cheese, lettuce and tomato (try our Sweet Beaver mustard on this one!).

### REUBEN.....\$8.75

Corned beef piled high with fresh kraut on rye bread, lots of Swiss cheese, and spicy deli mustard.

### HAM & CHEESE.....\$7.75

Sliced deli ham topped with your choice of American, cheddar, pepper jack, provolone or Swiss cheese, lettuce and tomato.

### TURKEY & CHEESE.....\$8.75

Deli-sliced turkey breast topped with your choice of American, cheddar, pepper jack, provolone or Swiss cheese, lettuce and tomato.

### GARDEN BAGEL.....\$7.75

Served open-faced, topped with Swiss & American cheeses, lettuce, tomato, green peppers and onions, topped with Italian dressing.

X-TRA MEAT \$3.50

X-TRA CHEESE \$1.25

BACON \$2.00



## WAIT! THERE'S MORE AND THEY COME WITH CHIPS!

**VEG-TA-BULL** ..... \$8.25  
Herbed cream cheese on a wheat hoagie with cucumbers, sunflower seeds, lettuce, and tomato.

**CHICKEN SALAD** ..... \$7.25  
Our homemade chicken salad made with all white chicken, celery, onions, mayo, sliced almonds, carrots, pineapple and spices, served in pita bread.

**TUNA SALAD** ..... \$7.25  
Water-packed white tuna blended with celery, sweet relish, onion, mayonnaise and spices, stuffed in pita bread.

**BUBBA'S CHICKEN SALAD** ..... \$7.25  
Our homemade all-white chicken salad, including almonds, mayo, bacon, raisins and spices. Served in pita bread.

**BLT** ..... \$11.50  
Bacon, lettuce and tomato on toasted wheatberry.

**HUMMUS SANDWICH** ..... \$7.25  
Homemade hummus, cucumbers, banana peppers, spinach, tomato and onion on a wheat hoagie.

**MUFFALETTA** ..... \$9.25  
Layered ham, salami and mortadella with provolone and giardiniera. Served cold on a ciabatta roll.

## A LITTLE ON THE SIDE

**DILL PICKLE SPEAR** (A crisp Kosher) ..... 39¢

**SIDE CCO** ..... \$2.75

**SIDE HUMMUS** ..... \$3.25

**CHIPS** ..... \$1.79

**POTATO SALAD** ..... \$1.79  
American or German

**BAGEL WITH CREAM CHEESE** ..... \$3.29  
Served with plain cream cheese.

**CHILD'S CHEESE** ..... \$3.00  
American cheese on a steak bun with chips



## BIG SUBS

Special baked bread layered with two choices of meat, American and Swiss cheeses, lettuce, tomato and dressings, served with chips. Please order two days ahead.

**"BIG SUBS"** ..... \$30.00  
Serves 5 to 7



## BEVERAGES

Pepsi, Diet Pepsi, Dr Pepper, Root Beer, Sierra Mist, Mountain Dew, Iced Tea, Lemonade	\$2.00
Coffee (All we can pour)	\$1.19
Fruit Juice	\$2.00
Hot Tea (Ask your server for current selection)	\$1.79

## BEER

Draft beer in our 23 oz. "Big Girl" or 14 oz. "Pint"

### DRAFT BEER

Bargain Tap	Pint	\$2.50
	Big Girl	\$3.75
Bud Light	Pint	\$4.00
	Big Girl	\$6.00
Premium Taps	Pint	Starting at \$5.00
	Big Girl	Starting at \$7.50

(Ask your server for our rotating draft, bottled & canned beer selections)

## COCKTAILS

HOUSE BRAND LIQUOR HIGHBALLS	\$3.50
CALL BRAND HIGHBALLS & BAR LIQUOR COCKTAILS	\$4.25
Including Amaretto Sours, Bloody Marys	
PREMIUM BRAND SPECIAL COCKTAILS & LIQUORS	\$5.00
SUPER PREMIUM BRAND COCKTAILS	\$5.75
TOP SHELF BRAND COCKTAILS	\$7.00

### WINES BY THE GLASS OR BOTTLE

See our specials.

(Ask your server for our current drink menu)

ALL DRINK PRICES INCLUDE SALES AND EXCISE TAXES.



## THANKS FOR COMING TO ROCK-A-BELLY BAR & DELI

We truly appreciate your patronage at Rock-A-Belly. Since we opened in June of 1987, we have tried to offer the best service, quality and a wide variety of food and drink on our menu. We have a very small place, a very small kitchen and a half-fast cook! If you have the time to wait, we promise you a very good meal.

If you don't have the time, please come back when you're not so busy.

PHONE IN FOR CARRY-OUT—539-8033

VISIT OUR WEBSITE AT  
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